












## CALENDAR OF EVENTS

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	MONDAY 6/10/2019	TUESDAY 6/11/2019	WEDNESDAY 6/12/2019	THURSDAY 6/13/2019	FRIDAY 6/14/2019
<b>VENTURA</b> 200 S. Wells Rd. Ventura, CA 93004	<b>Information Table:</b> Men's Preventative Health 1:30pm-3:30pm <b>Medicare Information</b> 9:00am-2:00pm	<b>Information Table:</b> Alcohol Safety 1:30pm-3:30pm <b>Medicare Information</b> 9:00am-2:00pm	<b>Information Table:</b> Anthem Medicare Information 1:00pm-3:00pm <b>Eye Health Education &amp; Sun Safety + Screenings:</b> Glucose 1:30pm-3:30pm	<b>Activity:</b> Heart Health "Jeopardy" + <b>Screenings:</b> Blood Pressure 1:30pm-3:30pm	<b>Activity:</b> Game "Guess that Sugar" & Free Healthy Snacks 1:30pm-3:30pm
<b>OXNARD</b> 650 Meta St. Oxnard, CA 93030	<b>Screenings:</b> Blood Pressure & Glucose 9:30am-11:45am 1:15pm-4:30pm <b>Information Table:</b> Medicare Part C 9:00am-2:00pm	<b>Information Table:</b> Heart Disease & Stroke Prevention 2:00pm-5:00pm <b>Information Table:</b> Medicare Part C 2:00pm-5:00pm	<b>Screenings:</b> Blood Pressure & Glucose 9:30am-11:45am 1:15pm-4:30pm <b>Information Table:</b> Anthem Medicare Information 10:00am-12:00pm	<b>Information Table:</b> Diabetes & Oral Hygiene + Importance of Vaccines and VFA program 1:30pm-4:00pm <b>Information Table:</b> Medicare Part C 1:30pm-4:00pm	<b>Information Table:</b> Prostate Cancer Prevention 9:30am-11:45am Importance of Eye Exams 2:00pm-5:00pm <b>Screenings:</b> Glucose & Blood Pressure 9:30am-11:45am & 1:15pm-4:30pm *Raffle at the end of the day
<b>NORTH OXNARD</b> 1200 N. Ventura Rd. Suite E Oxnard, CA 93030	<b>Presentation &amp; Activity</b> SUPER DAD As a Role Model - Exercise - Winning Obesity - Snack Contest 3:00pm-5:00pm		<b>Screenings:</b> Glucose, Blood Pressure & Anemia + <b>Information Table:</b> STD's, Testosterone & Prostate 10:00am-12:00pm & 1:15pm-4:30pm		<b>Information Table:</b> Paid Family Leave Baby Bonding for Dads 9:00am-12:00pm Anthem Medicare Information 2:00pm-4:00pm
<b>MARAVILLA</b> 450 Clara St. Oxnard, CA 93033	<b>Screenings:</b> Blood Pressure 9:00am-12:00pm & 1:00pm-3:00pm	<b>Information Table:</b> Clinicas' Services & Men's Health 2:00pm-5:00pm	<b>Screenings:</b> Anemia 9:00am-11:30am & 1:30pm-4:30pm	<b>Screenings:</b> Glucose 12:00pm-3:00pm <b>Presentation:</b> Men's Depression (Spanish & Mixteco) w/ Dr. Alvarado 4:00pm-5:00pm	<b>Presentation:</b> Men's Health (Spanish & Mixteco) 4:00pm-5:00pm
<b>OCEAN VIEW</b> 4400 Olds Rd. Oxnard, CA 93033	<b>Screenings:</b> Blood Pressure, Glucose & Body Mass Index 9:30am-12:00pm & 12:30pm-6:00pm	<b>Screenings:</b> Vision + <b>Information Table:</b> Oral Health 2:00pm-5:00pm	<b>Information Table:</b> Men's Mental Health Awareness Day - Stress Reduction Techniques - Signs of Depression - Referrals 10:00am-4:00pm	<b>Information Table:</b> Testicular & Prostate Cancer Awareness Day 9:30am-12:00pm & 1:30pm-4:00pm Anthem Medicare Information 2:00-4:00pm	<b>Information Table:</b> Sexually Transmitted Diseases & Prevention *Free Condoms (while supplies last) 10:00am-12:00pm & 1:30pm-4:00pm
<b>EL RIO</b> 221 Ventura Blvd., Suite 126 Oxnard, CA 93036	<b>Screenings:</b> Anemia & Glucose 9:30am-12:00pm & 1:30pm-5:00pm		<b>Information Table:</b> Anthem Medicare Information 1:00pm-3:00pm	<b>Screenings:</b> Blood Pressure 9:30am-12:00pm & 1:30pm-4:30pm <b>Information Table:</b> Medicare Part C 9:30am-12:00pm	<b>Information Table:</b> Prostate & Nutrition 10:00am-12:00pm & 2:00pm-4:00pm
<b>FILLMORE</b> 355 Central Ave. Fillmore, CA 93015	<b>Screenings &amp; Information Table:</b> Glucose & Hemoglobin 12:00pm-3:00pm & 4:00pm-5:00pm	<b>Information Table:</b> Dental 1:00pm-4:00pm	<b>Screenings &amp; Information Table:</b> Glucose & Blood Pressure 10:00am-12:00pm & 1:00pm-3:00pm	<b>Information Table:</b> Men's Health: STD's & Self-Exam 10:00am-12:00pm & 1:00pm-3:00pm	<b>Information Table:</b> Healthy Snacks 10:00am-12:00pm & 1:00pm-3:00pm Anthem Medicare Information 9:00-11:00am
<b>SANTA PAULA</b> 500 E. Main St. Santa Paula, CA 93060	<b>Information Table:</b> Anemia & Testicle Exam 1:00pm-2:30pm & 5:00pm-6:30pm	<b>Activity:</b> Spinning Wheel Trivia Liver, Lung, Colon, Prostate & Testicle Cancers 2:00pm-4:00pm	<b>Screenings:</b> Blood Pressure & Glucose 10:00am-12:00pm & 2:00pm-4:00pm	<b>Screenings:</b> A1c test + Think Before You Drink Poster 10:00am-12:00pm & 2:00pm-3:30pm	<b>Information Table:</b> Anemia & Smoking 10:30am-12:00pm & 2:00pm-3:30pm Gift Basket Raffle
<b>OJAI</b> 1200 Maricopa Hwy Ojai, CA 93023	<b>Activity:</b> "Men's Health" Word Search (raffle prize) 9:00am- 8:00pm	<b>Information Table:</b> Alcohol Effects 9:00am-5:00pm	<b>Screenings:</b> Blood Pressure & Glucose 9:30am- 4:30pm	<b>Screenings:</b> A1c & Body Mass Index 12:00pm-7:00pm	<b>Screenings:</b> A1c & BMI 9:30am- 4:30pm <b>Information Table:</b> Anthem Medicare Information 10:00am-12:00pm
<b>NEWBURY PARK</b> 1000 Newbury Rd#150 Newbury Park, CA 91320	<b>Information Table:</b> Men's Health: STIs & Self-Exams 9:00am-12:00pm & 1:00pm-5:00pm	<b>Activity:</b> H.I.I.T. Exercises 1:30pm-5:00pm	<b>Activity:</b> Healthy Meal Planning- Protein 9:00am-12:00pm	<b>Screenings:</b> Glucose 12:00pm-7:00pm	
<b>SIMI VALLEY MADERA</b> 1424 Madera Rd. Simi Valley, CA 93065	<b>Screenings &amp; Information Table:</b> Blood Pressure 2:00pm-4:00pm		<b>Screenings:</b> Body Mass Index, Glucose & Anemia 11:00am-12:00pm & 1:00pm-4:00pm <b>Medicare Information</b> 9:00am-2:00pm	<b>Information Table:</b> Prostate & Testicular Cancer 1:00pm-3:00pm <b>Medicare Information</b> 9:00am-2:00pm	
<b>MOORPARK</b> 4279 Tierra Rejada Rd. Moorpark, CA 93021		<b>Screenings:</b> Vision and Body Fat % 1:00pm-4:00pm	<b>Screenings:</b> Blood Pressure & Glucose 1:00pm-4:00pm		<b>Screenings:</b> Anemia & Blood Pressure 10:00am-12:00pm 1:00pm-3:00pm
<b>EAST SIMI VALLEY</b> 4370 Eve Rd. Simi Valley, CA 93063	<b>Screenings:</b> Glucose 12:00pm-2:00pm & 4:00pm-5:30pm		<b>Screenings:</b> Blood Pressure 10:00am-12:00pm & 1:30pm-3:00pm	<b>Information Table:</b> STI's 10:00am-12:00pm & 1:30pm-3:00pm	<b>Information Table:</b> Medicare Information 9:00am-2:00pm
<b>LA COLONIA</b> 801 Cooper Rd Oxnard, CA 93030	<b>Screenings:</b> Anemia & <b>Information Table:</b> Prostate 9:30am-12:00pm & 1:30pm-5:00pm	<b>Information Table:</b> Sexually Transmitted Diseases 2:00pm - 5:00pm	<b>Information Table:</b> How Much Sugar is in Your Drink? 9:30am-11:30am & 3:30pm-5:00pm	<b>Screenings:</b> Glucose 9:30am-12:00pm & 2:00pm-5:00pm	<b>Screenings:</b> Blood Pressure & Body Mass Index (BMI) 9:30am-12:00pm & 1:30pm-5:00pm <b>Information Table:</b> Medicare Part C 9:30am-12:00pm
<b>PASEO CAMARILLO</b> 730 Paseo Camarillo Camarillo, CA 93010	<b>Screenings:</b> Body Mass Index (BMI) & Glucose 9:00am-11:30am	<b>Information Table:</b> STI's & Smoking Cessation 1:30pm-3:00pm	<b>Information Table:</b> "Think Before You Drink" + Medicare Part C 2:00pm-4:00pm	<b>Information Table:</b> Oral Hygiene 10:00am-12:00pm	<b>Screenings:</b> Body Mass Index (BMI) & Glucose 1:30pm-4:30pm

**Friday, June 14<sup>th</sup>, 2019 – Men's Health Week Event**

**Location:** Campo Vanessa | **Address:** 1700 E. 5<sup>th</sup> St. Oxnard, CA 93030 | **Event Time:** 4:00pm-7:30pm