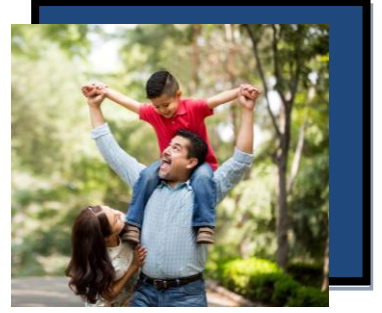


NATIONAL MEN'S HEALTH WEEK CALENDAR OF EVENTS



June 12-18th, 2017

	MONDAY 6/12/17	TUESDAY 6/13/17	WEDNESDAY 6/14/17	THURSDAY 6/15/17	FRIDAY 6/16/17	
ALL EVENTS ARE FREE	VENTURA 200 S. Wells Rd. Ventura, CA 93004	Screenings: Cholesterol 1:00pm-5:00pm Information Table: Oral Health Education Presented by Dental Toothbrush giveaway 9:00am-12:00pm	Activity: Wheel of Knowledge: Nutrition, Testicular Exams and Colonoscopy 2:00pm-5:00pm	Screenings: Glucose & Blood Pressure 10:00am-12:00pm & 2:00pm-4:00pm	Pesticide Safety Training (Presented in Spanish) 9:00am-1:00pm Information Table: Sun Protection Sunglasses display & info Presented by Optical Skin Protection Presented by Dermatology 11:00am-2:00pm Spa Water	Information Table: Healthy Grilling Tips Nutrition & Recipes Tobacco Cessation & Substance Abuse Information & Tips 1:00pm-4:00pm Health & Fitness with LA Fitness Body Fat Testing 4:00pm-5:00pm
	OXNARD 650 Meta St. Oxnard, CA 93030		Screenings: Cholesterol 9:30am-12:00pm & 1:30pm-5:00pm	Information Table: Sexually Transmitted Infections Information and Free Condoms 9:30am-12:00pm & 1:30pm-5:00pm		Information Table: Prostate & Testicular Exam Information Screenings: Glucose Blood Pressure 9:30am-12:00pm & 1:30pm-5:00pm
	NORTH OXNARD 1200 N. Ventura Rd. Suite E Oxnard, CA 93030	Presentation: How to Keep Your Body Strong Class (Presented in Eng/Span) 6:00pm-7:00pm	Screenings: HIV Free Test 9:00am-5:00pm	Presentation: Disability and Family Leave Class (Presented in Eng/Span) 4:00pm-5:00pm	Information Table: Heart Disease: Stroke, Heart Attack & Cholesterol 2:00pm-3:00pm	Screenings: Glucose, Blood Pressure & Cholesterol 10:00am-12:00pm & 1:00pm-4:00pm
	MARAVILLA 450 Clara St. Oxnard, CA 93033	Presentation: Clinic Services (Presented in Spanish) 4:00pm-5:00pm	Screenings: Anemia 9:00am-11:30am 1:30pm-5:00pm	Screenings: Glucose & Blood Pressure 9:00am-11:30am 1:30pm-5:00pm	Presentation: Mental Health & Men's Issues with Dr. Alvarado (Presented in Spanish) 4:00pm-5:00pm	Screenings: Glucose & Blood Pressure 9:00am-11:30am & 1:30pm-5:00pm
	OCEAN VIEW 4400 Olds Rd. Oxnard, CA 93033	Activity: Healthy Snacks 4:00pm-5:00pm	Screenings: Blood Pressure, Glucose & Anemia 1:30pm-5:00pm	Screenings: Cholesterol, Blood Pressure & Glucose 9:30am-12:00pm 1:30pm- 5:00pm	Presentation: Dental (Presented in Spanish) 1:30pm -2:30pm	Presentation: Sexually Transmitted Infections (STI's) (Presented in Spanish) 4:00-5:00pm
	EL RIO 221 Ventura Blvd. Suite 126 Oxnard, CA 93036	Screenings: Anemia & Glucose 9:30am-12:00pm 1:30pm-5:00pm		Screenings: Blood Pressure 9:00am-12:00pm 1:30pm-5:00pm	Screenings: Cholesterol (Limited Screenings) 10:00am-12:00pm 1:00pm - 4:00pm Clothes Giveaway	Information Table: Men's Health Information 10:00am-12:00pm 2:00pm-4:00pm
	FILLMORE 355 Central Ave. Fillmore, CA 93015	Screenings: Blood Pressure, Glucose & Hemoglobin 10:00am-3:00pm	Information Table: Protect Yourself: STD Information & Dental Care Education 2:00pm-4:00pm	Information Table: Women Take Action: encourage the men in your life (prostate cancer/male self-exam) 10:00am-12:00pm & 1:00pm-3:00pm	Screenings: Glucose, Blood Pressure & Hemoglobin 10:00am-12:00pm & 1:00pm-3:00pm	Information Table: What's On Your Plate? Nutrition & Snacks 10:00am-12:00pm & 1:00pm-3:00pm
	SANTA PAULA 500 E. Main St. Santa Paula, CA 93060	Information Table: Prostate Information 9:00am-12:00pm & 1:00pm -5:30pm	Screenings: Glucose & Blood Pressure 1:00pm-4:00pm	Screenings: Glucose & Blood Pressure Information Table: Colon Cancer 9:00am-12:00pm & 1:00pm -5:30pm	Screenings: Bone Density 1:00pm-4:00pm	Activity: Wear Blue Day Raffle Basket
	OJAI 1200 Maricopa Hwy Ojai, CA 93023	Screenings: Glucose & Hemoglobin 4:00pm- 8:00pm	Screenings: Glucose & Hemoglobin 1:30pm-5:00pm Activity: BINGO! 3:00pm-4:00pm	Screenings: Glucose & Blood Pressure Information Table: Colon Cancer 9:00am-12:00pm & 1:00pm -5:30pm	Screenings: A1C & Blood Pressure 4:00pm-8:00pm Activity: Loteria! 5:00pm- 6:00pm	Screenings: A1C & Blood Pressure 9:30am-12:00pm
	NEWBURY PARK 1000 Newbury Rd. Suite 150 Newbury Park, CA 91320	Information Table: Sex & Health Information for Men 10:00am-12:00pm & 1:00pm-4:00pm	Screenings: Glucose 2:00pm-4:00pm	Information Table: Healthy Smiles Free Samples with Oral Hygiene Education 1:30pm-4:00pm	Activity: Know your BMI & Healthy Snacks 12:00pm-3:00pm	Screenings: Blood Pressure 10:00am-12:00pm & 1:00pm-4:00pm
SIMI VALLEY- MADERA 1424 Madera Rd. Simi Valley, CA 93065	Information Table: Prostate and Colon Cancer Awareness * Get your blue ribbon 2:00pm-3:00pm	Screenings: Bone Density 3:00pm-5:00pm	Screenings: BMI, Glucose & Blood Pressure 10:00am-12:00pm & 1:00pm-5:00pm	Information Table: STD Education * FREE condoms 1:00pm-3:00pm	Activity: MINUTE TO WIN IT!! Join the challenge!! 3:00pm-5:00pm *FREE balloons	
MOORPARK 4279 Tierra Rejada Rd. Moorpark, CA 93021	Screenings: Glucose & Blood Pressure 1:00pm - 5:00 pm		Screenings: Vision Test with Dr. Pascual 9:00am - 12:00pm		Screenings: Anemia & Blood Pressure 9:00am - 12:00pm	
EAST SIMI VALLEY 4370 Eve Rd. Simi Valley, CA 93063	Information Table: Colon, Testicular, Prostate Cancer, Alcohol, Smoking and Drug Abuse 2:00pm - 4:00pm	Information Table: Suicide Prevention "Knowing the Signs" & Mental Health 2:00pm - 4:00pm	Information Table: STI & HIV Condom Giveaway 2:00pm - 4:00pm	Activity: Healthy Protein Smoothies 5:00pm-7:00pm Screenings: Glucose, BMI & Blood Pressure 2:00pm-4:00pm	Information Table: Dental: "Impact of smoking on teeth?" Vision: "Protecting your Eyes" Link between sun exposure & cataracts 2:00pm-4:00pm	

June 13th, 2017 from 4:00pm to 6:00pm Location: *El Campo Vanessa* at 1700 East 5th Street, Oxnard, CA 93033 **Screenings:** Blood Pressure & Glucose
 June 17th, 2017 from 9:00am-2:00pm Location: *Conejo Creek Condominiums* at 1707 Calle Diamante, Newbury Park, CA 91320 **Screenings & Presentation:** Dental

For more information regarding events call: (805) 647-6353 or visit our web page: www.clinicas.org

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 ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالجمان. اتصل برقم 6353-647-805 (رقم هاتف الصم والبكم: 1-888-416-6372).